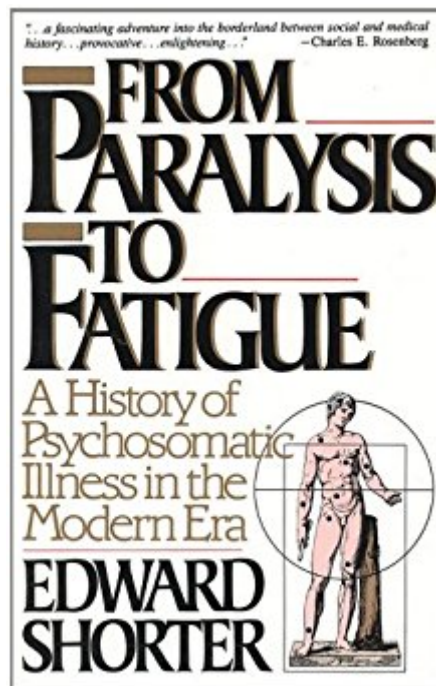




Ebook Directory
the best source of ebook

The book was found

From Paralysis To Fatigue: A History Of Psychosomatic Illness In The Modern Era



Synopsis

The first book to put the physical symptoms of stress in their historical and cultural context. This fascinating history of psychosomatic disorders shows how patients throughout the centuries have produced symptoms in tandem with the cultural shifts of the larger society. Newly popularized diseases such as "chronic fatigue syndrome" and "total allergy syndrome" are only the most recent examples of patients complaining of ailments that express the truths about the culture in which they live.

Book Information

File Size: 1619 KB

Print Length: 434 pages

Publisher: Free Press; Reprint edition (June 30, 2008)

Publication Date: June 30, 2008

Sold by: Simon and Schuster Digital Sales Inc

Language: English

ASIN: B00333NCQU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #975,886 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #129

in Books > Medical Books > Psychology > Medicine & Psychology #175 in Books > Health,

Fitness & Dieting > Mental Health > Dissociative Disorders #1140 in Kindle Store > Kindle

eBooks > Medical eBooks > Diseases

Customer Reviews

Too bad this isn't required reading for all doctors!! Hardly anybody believes this stuff - but it goes on all around us resulting in millions of people hooked on pain pills or getting needless operations.

I haven't actually read this book. I was about to buy it, but I'm confused by the reviews. If this guy is really lacking in compassion, I can't imagine it would be good for me. I learned about this book from a John Sarno disciple, Howard Schubiner, whose book is called *Unlearn Your Pain*. He cites an enormous amount of research that indicates that physiological correlates (like the lesions mentioned

by some reviewers) have not been proven to cause pain and/or fatigue (I have IC, which researchers used to believe was caused by Hunner's Ulcers--they were wrong). Schubiner indicates that people suffering from these syndromes who come to believe they have Mind Body Syndrome, and uncover the rage behind their symptoms, can improve "miraculously." But that doesn't mean they were malingering! The pain and symptoms are very real. I am very interested in this history, so I wish I could feel confident that reading this book wouldn't just increase my stress. I was diagnosed with a conversion reaction when I was 10, but in such a way that it became a medical hex. The work on Mind Body Syndrome is undoing that hex--I no longer believe I'm in pain because I'm "hysterical." I now understand how the brain creates symptoms, and how we might be able--via increasing consciousness--to short circuit that process. The MBS method does not deny that the process was set off by trauma and it involves learning self-compassion. I guess I'll pass on this book for now.

Garbage. Reductionist and reactionary book only interested in bringing back the good old days of psychiatry when you could blame a woman's uterus for every difficulty she had.

Do not read if you need information on Myalgic Encephalomyelitis or Chronic Fatigue Syndrome because this book is not updated to include the latest medical research on the organic and biological abnormalities found in ME/CFS patients. Dr. Shorter is propagating the erroneous and harmful model that this disease is of psychosomatic origins and thus he ignores the serious medical needs of this group which can result in permanent damage and disability. Scientists must be able to incorporate new data as it arises and not hold on dogmatically to their old theories. There was a time when Multiple Sclerosis was considered psychosomatic until it was realized it was caused by nerve sheath damage. Likewise, stomach ulcers were attributed solely to stress until a bacteria, *h. pylori*, was found to often be the cause. In light of the overwhelming biological research coming out of many facilities (e.g., Stanford, NIH, NOVA Southeastern, etc.), it's time to put an end to the myth that ME/CFS is a figment of the patient's imagination and begin treating it as the complex medical illness it is.

The author has no idea about ME, and is often publicly dismissive, implying sufferers to be lazy and imagining things! His writings are pompous, dismissive and ill informed. Clearly he has spent no time listening to ME sufferers to gain insight.

This man is a vile human being. No compassion whatsoever. I wouldn't touch a book he wrote with

a ten foot pole. Keep in mind this is a work of fiction much like his internet pieces.

[Download to continue reading...](#)

From Paralysis to Fatigue: A History of Psychosomatic Illness in the Modern Era Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome, Boost Energy Levels, and Reduce Stress (Adrenal Fatigue Syndrome, Reduce Stress, Adrenal Fatigue Diet, Adrenal Reset Diet) Self-help Treatment for Chronic Fatigue Syndrome, M.E, Fibromyalgia and Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E, Fibromyalgia, Chronic Fatigue) Adrenal Fatigue: Goodbye - Adrenal Fatigue! The Ultimate Solution For - Adrenal Fatigue & Adrenal Burnout: Adrenal Diet - Hormone Reset - Balance Hormones ... Reset, Addison's Disease, Low Libido) Gut: The Key to Ultimate Health - SIBO, IBS & Fatigue (GAPS, Candida, Chronic Fatigue, Fibromyalgia, Adrenal Fatigue, SIBO, Parasites) Adrenal Fatigue: Overcome Adrenal Fatigue Syndrome With The Adrenal Reset Diet. How To Reduce Stress, Anxiety And Boost Energy Levels And Overcome Adrenal ... Books, Adrenal Fatigue Diet, Adrenal Reset) Adrenal Fatigue: What Is Adrenal Fatigue And How To Reset Your Diet And Your Life (Adrenal Fatigue, Reduce Stress, Boost Energy,Diet) Theaters Of The Body: A Psychoanalytic Approach to Psychosomatic Illness MENTAL ILLNESS: Learn the Early Signs of Mental Illness in Teens (Teen mental illness, teen mental health, teen issues, peer issues, treatment) Fatigue: Fight It with the Blood Type Diet: The Individualized Plan for Preventing and Treating the Conditions That Cause Fatigue Adrenal Fatigue : Adrenal Reset Diet: Understand The Symptoms And Beat Adrenal Fatigue Syndrome Forever. Lose Weight,Reduce Both Stress And Anxiety To ... Eating,Diet,Boost Metabolism) Adrenal Fatigue Diet: Adrenal Fatigue Treatment with the Hormonal Balance and Top 50 Easy to Do Recipes Fatigue Design Techniques: Vol. I - High-Cycle Fatigue (Volume 1) Ecuador History: Pre-Hispanic Era, Discovery and Conquest, Spanish Colonial Era, Society, Economy, Government, Politics Finland History: Origins of the Finns, The Era of Swedish Rule, 1150-1809, Independence and the Interwar Era, 1917-39, Society, Economy, Government and Politics History: Human History in 50 Events: From Ancient Civilizations to Modern Times (World History, History Books, People History) (History in 50 Events Series Book 1) History: British History in 50 Events: From First Immigration to Modern Empire (English History, History Books, British History Textbook) (History in 50 Events Series Book 11) Complete Guide to Symptoms, Illness & Surgery: Updated and Revised 6th Edition (Complete Guidel to Symptons, Illness and Surgery) Mental Illness: PTSD: Learn How To Handle PTSD Triggers (Bipolar Trauma Depression) (Self Help Mental Illness Dysfunctional Relationships) Childhood Illness and the Allergy Connection: A Nutritional Approach to Overcoming and Preventing Childhood Illness

Contact Us

DMCA

Privacy

FAQ & Help